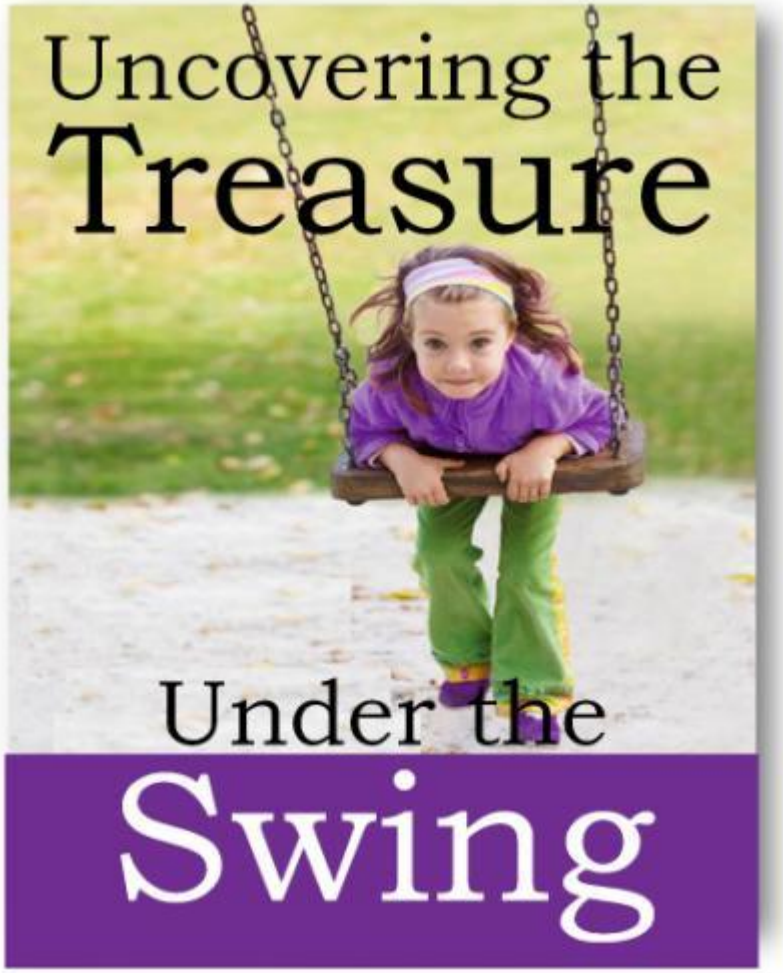
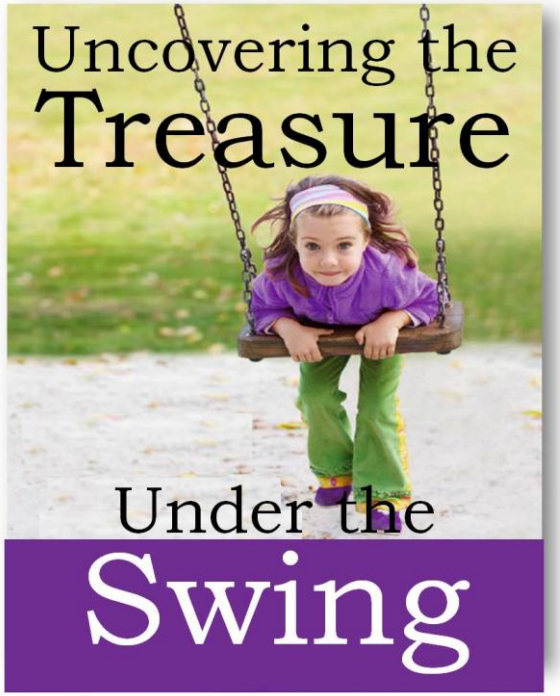


The secret language of play

Yaara Bashan Haham, Israel



Link to the video of the presentation

https://youtu.be/OnjvXVTNRHY

The secret language of play

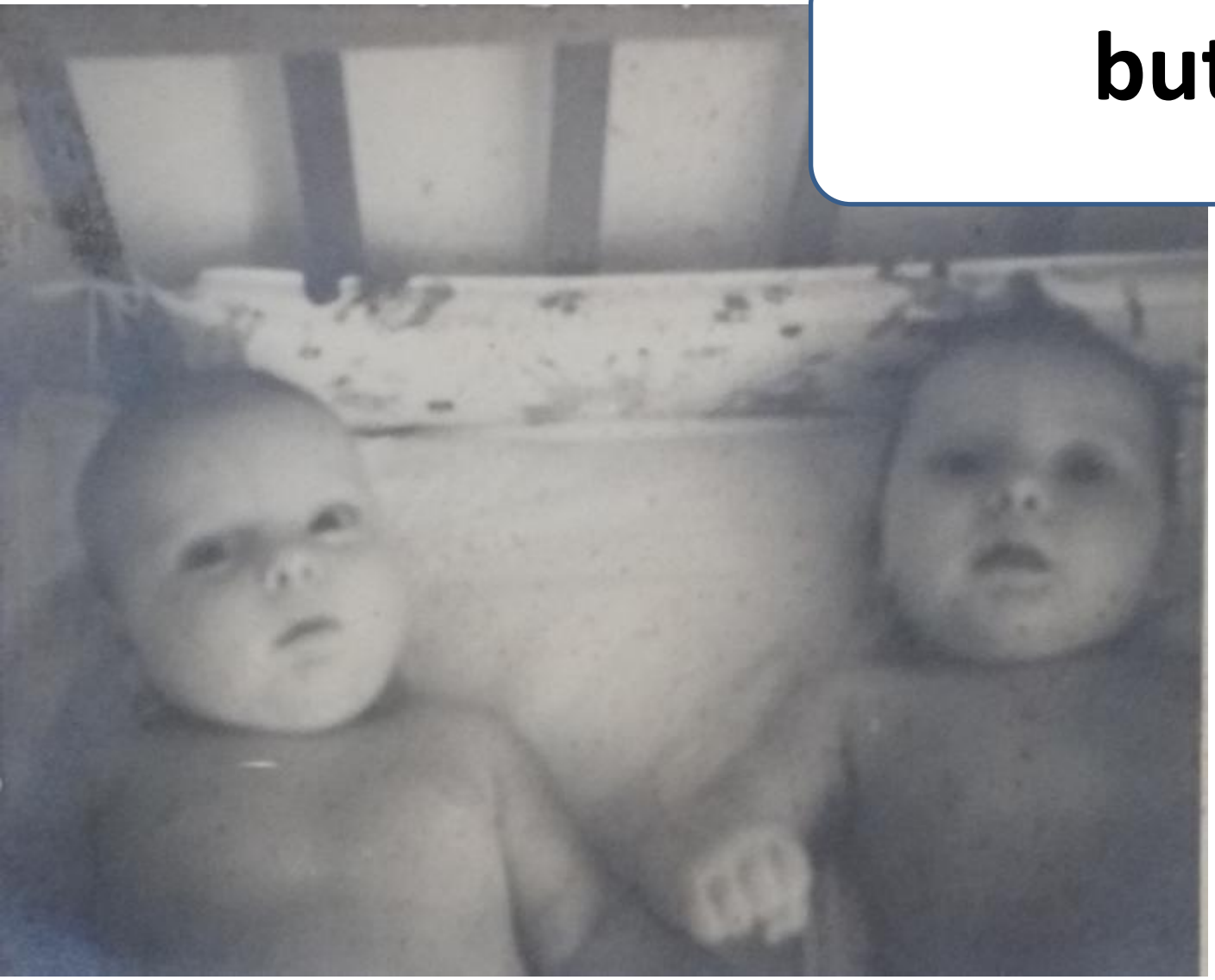
Yaara Bashan Haham, Israel

You are going to have a big baby…

1963

Congratulations, you have a girl…

Yaara Bashan Haham | yaarahaham@gmail.com | +972-54-2490390



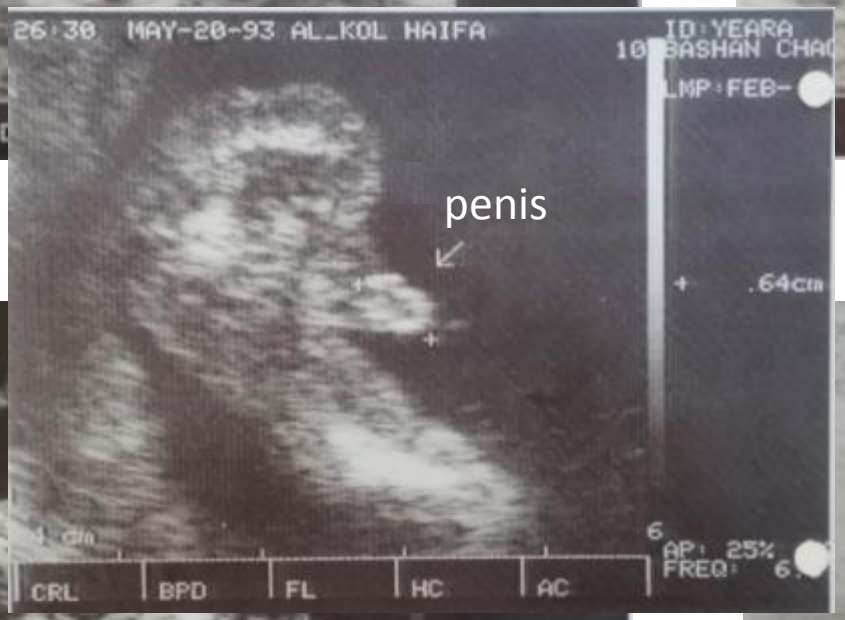
but…

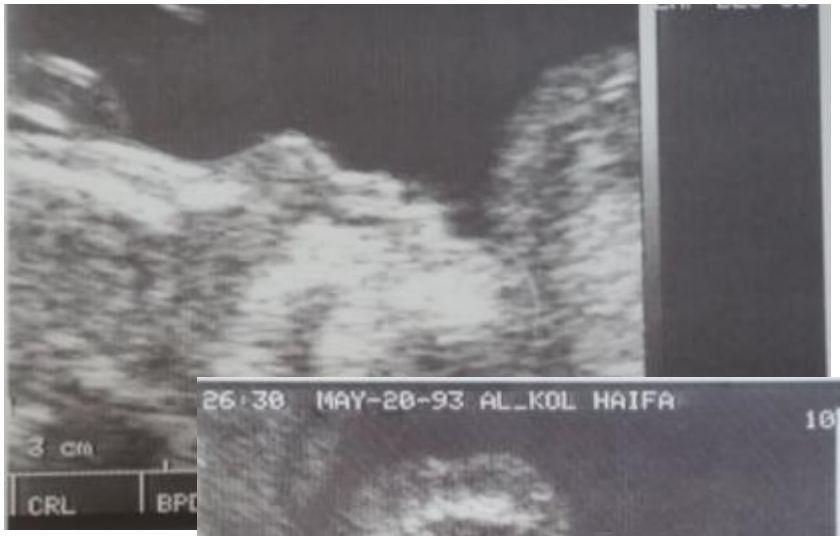
2. paste [Yaara] **1. copy** [Keren]

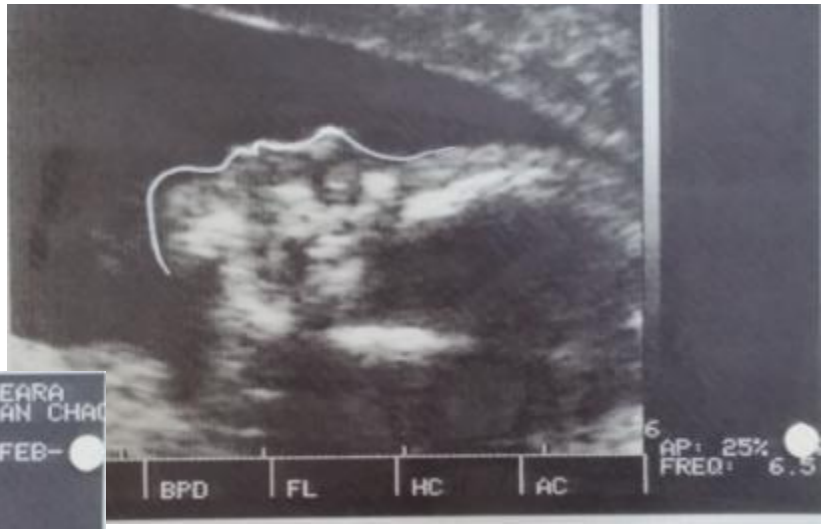
Uncovering the Treasure under the Swing | | The secret Language of Play
Yaara Bashan Haham | yaarahaham@gmail.com | +972-54-2490390

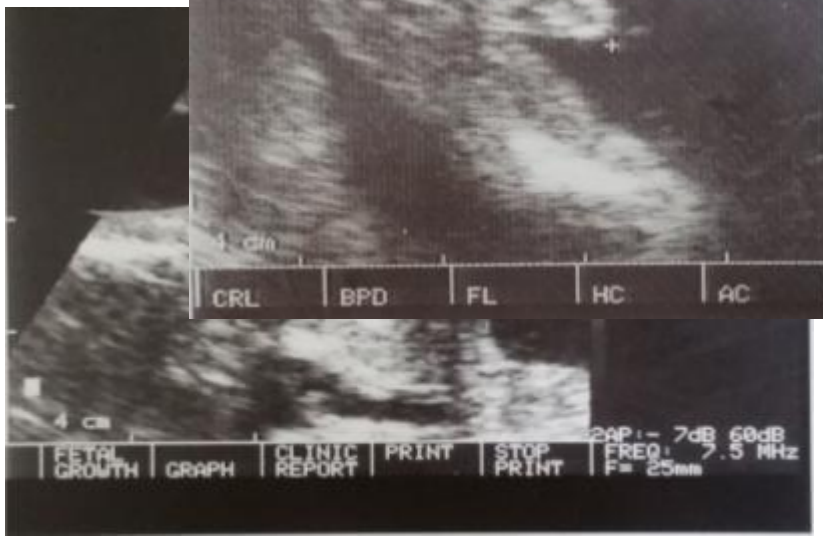
1996 Oren (girl)

1993 Shaked (boy)

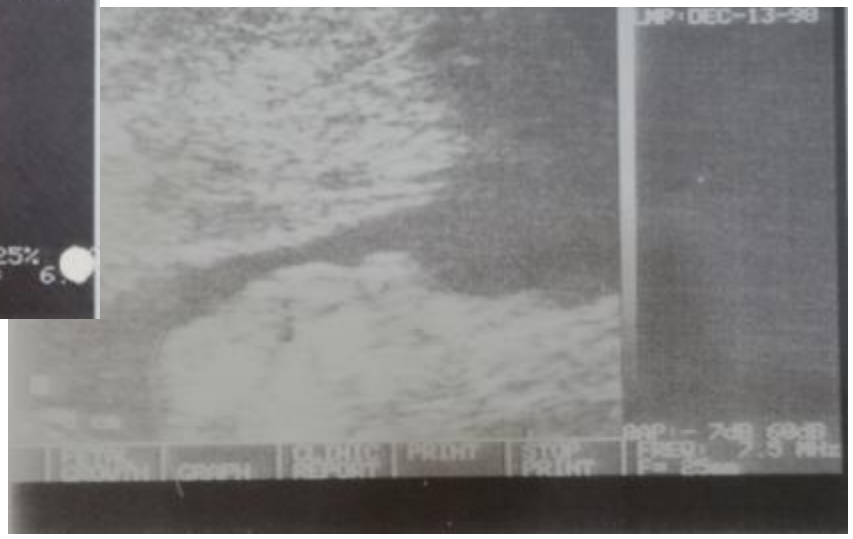


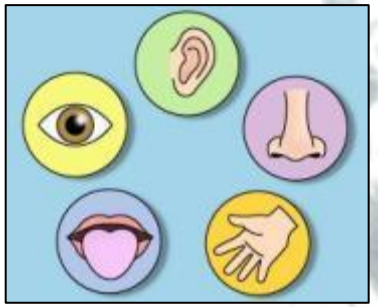


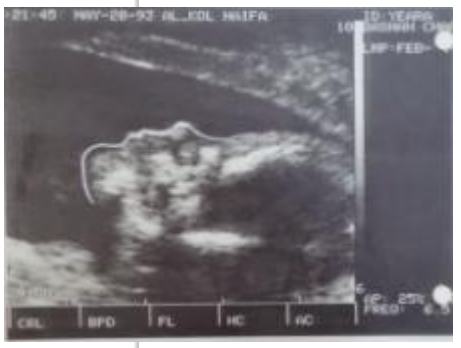




1999 Rimon (girl)







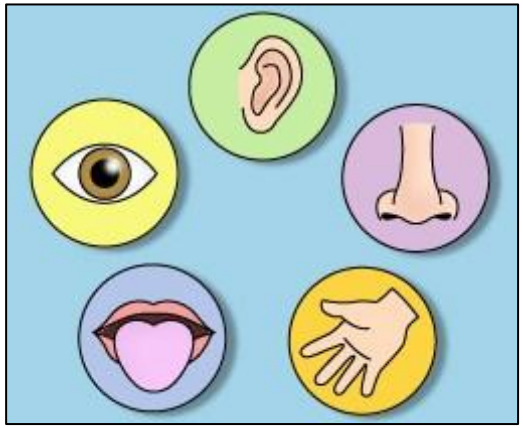
Language
Knowledge
Choice


Food
לפני 5 ימים

Size

Color

Taste

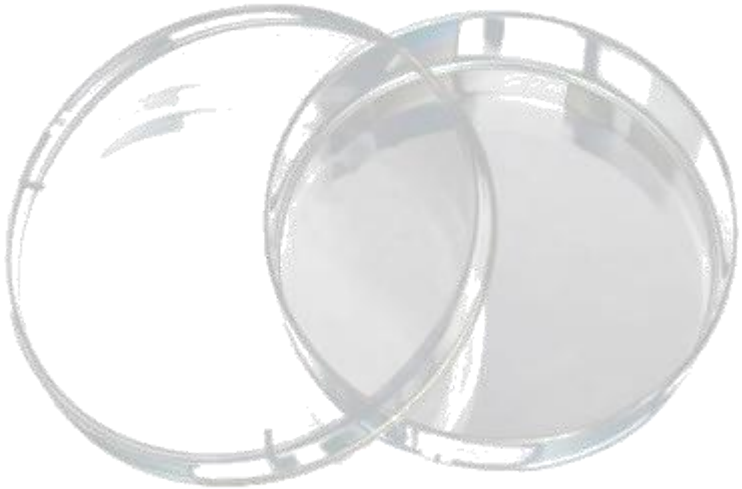


Smell

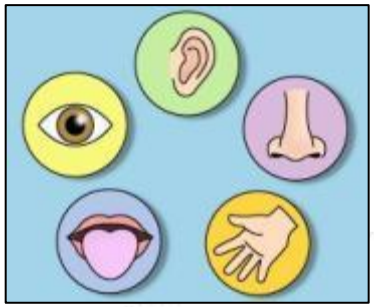
Touch

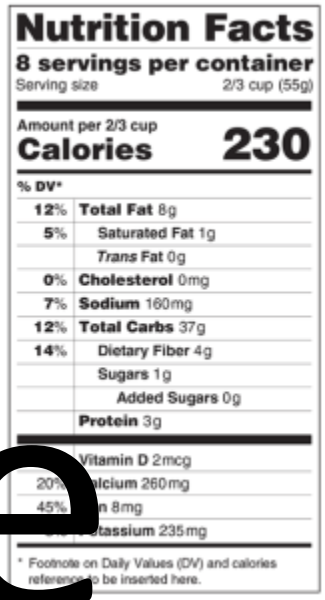
Sound


Motic



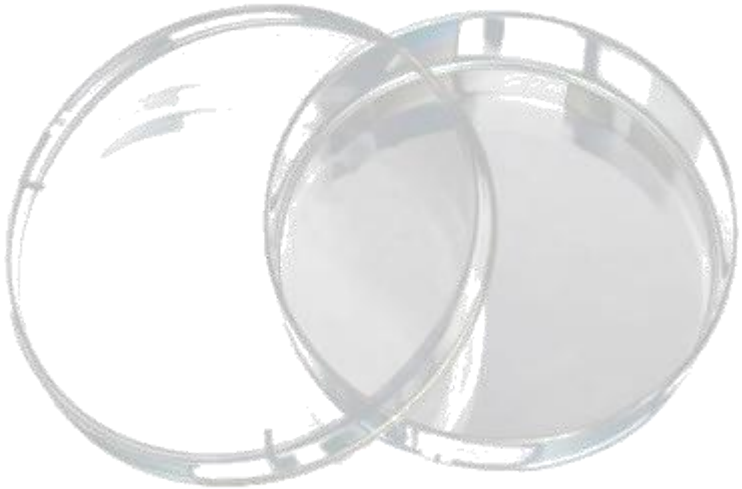

Nutrition Facts
Serving Size 1/10 pie (128g)
Servings Per Container 10
Amount Per Serving
Calories 320 Calories from Fat 130
% Daily Value
Total Fat 15g
Saturated Fat 3.5g
Trans Fat 4g
Cholesterol 0mg
Sodium 170mg
Total Carbohydrate 47g
Dietary Fiber 2g
Sugars 29g
Protein 2g
Nutrition Facts
Serving Size 1/2 cup (121g)
Servings Per Container about 7
Amount Per Serving
Calories 45 Calories from Fat 0
% Daily Value*
Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 260mg 11%
Potassium 390mg 11%
Total Carbohydrate 10g 3%
Dietary Fiber 3g 12%
Sugars 4g
Protein 2g
Vitamin A 15% • Vitamin C 10%
Calcium 0% • Iron 8%
Vitamin E 10% • Manganese 8%
Nutrition Facts
Serving Size: 1 cooked patty (73g)
Servings Per Container: 8
Amount Per Serving
Calories 240 Calories from Fat 160
% Daily Value*
Total Fat 18g 28%
Saturated Fat 7g 37%
Cholesterol 50mg 17%
Sodium 40mg 2%
Total Carbohydrate 0g 0%
Dietary Fiber 0g 0%
Sugars 0g
Protein 19g
Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Sat Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4
The above Nutrition Facts are for the
consumed, one cooked patty
following





Language
Knowledge
Choice


Motic

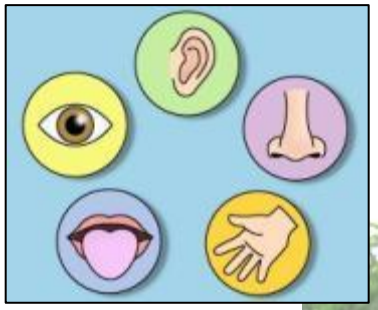


Regulation of strength	*Language enrichment*	*Identify limitations*	*Trial and error*	*Organization & classification*
Coping with challenges	*Independence*	*Spatial orientation*	*Choosing partners*	*Resource management*
Safety	*Coping with anxiety*	*Choosing & Decision-Making*	*Delaying gratifica*	
Curiosity and exploring	*Developing an imagination*	*Creative think*		*Communication*
Mathematical reasoning	*Balan*	*rations*	*Choosing partners*	*Rules of behavior in society*
Learning f	*w the body*	*Fun and enjoyment*	*Cooperation*	*Identifying opportunities*
		Perception of time	*Yielding and consideration*	

KID'S MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Regulation of str…		Identify limitations	Trial and error	Organization & classification
2			Spatial orientation	Choosing partners	Resource mar…ent
3		Coping with anxiety	Choosing & Decision-Making	Delayi… gr…	…nd cycles
4	Curiosity and exploring	Developing an imagination	Crea…	…k taking	Communication
5	Mathematical reasoning		…with falls & frustrations	Choosing partners	Rules of behavior in society
6	Le…	…arning to know the body	Fun and enjoyment	Cooperation	Identifying opportunities
7			Perception of time	Yielding and consideration	

The Secret Language of Play



	Monday	Tuesday	Wednesday	Thursday	Friday
1	Regulation of strength	Language enrichment	Identify limitations	Trial and error	Organization & classification
2	Coping with challenges	Independence	Spatial orientation	Choosing partners	Resource management
3	Safety	Coping with anxiety	Choosing & Decision-Making	Delaying gratification	Rhythm and cycles
4	Curiosity and exploring	Developing an imagination	Creative thinking	Risk taking	Communication
5	Mathematical reasoning	Balance	Coping with falls & frustrations	Choosing partners	Rules of behavior in society
6	Learning from others	Learning to know the body	Fun and enjoyment	Cooperation	Identifying opportunities
7			Perception of time	Yielding and consideration	

The Secret Language of Play

Language
Knowledge
Choice

What's this?

Swing
Fun
Pleasure

- ✓ Independence
- ✓ Balance
- ✓ Coordination
- ✓ Muscle strengthening
- ✓ Rhythmic and cyclical
- ✓ Spatial perception
- ✓ Challenge
- ✓ Determination, practice and perseverance
- ✓ Identifying opportunities
- ✓ Creativity
- ✓ Waiver
- ✓ Mater[illegible]
- [illegible]ometry
- ✓ Physics

After

Before

Nutrition Facts

Activity Time – 1 hour

Skipping

Calories 320 per hour

Developing eye-leg c

Training ti

C ime

pleasure

Coping with challenge

Cooperating

Organization and planning

Muscle strengthening

Vitamin D

Nutrition Facts

Activity Time – 1 hour

Playing with sand

Calories 150 per hour

Sensory activity

Learning about materials

Hand muscles stren

Fun & ple

C

ering each other

Developing hand-eye coordination

Organization and planning

Vitamin D

Nutrition Facts

Activity Time – 1 hour

Riding bicycle

Calories 230 per hour

Balancing

Developing spatial orientation

Rules

Fun & pleasure

Developing vestibular system

Considering each other

Muscle strengthening

Developing coordination

Vitamin D

Nutrition Facts

Activity Time – 1 hour

Climbing on a Ladder

Calories 180 per hour

Developing Vestibular System

Coping with challenge

Muscle stre

F

ation and planning

Muscular posture

Coordination

Vitamin D

1. Parents
2. Planners

1. Parents

2. Planners

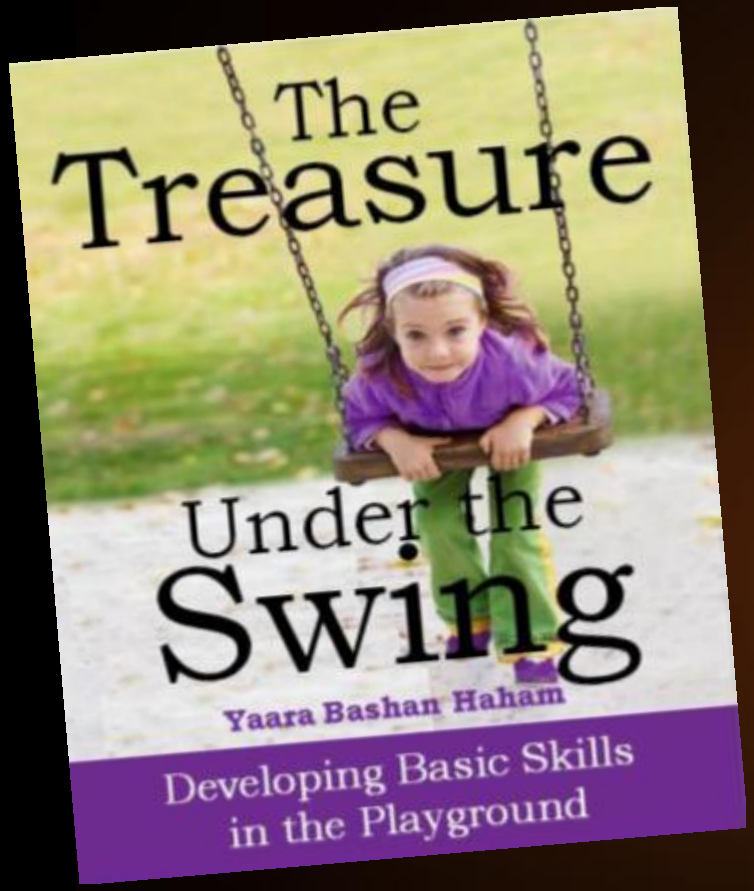
How would you shorten this line, without touching it?

Dangers

Injuries

Pain

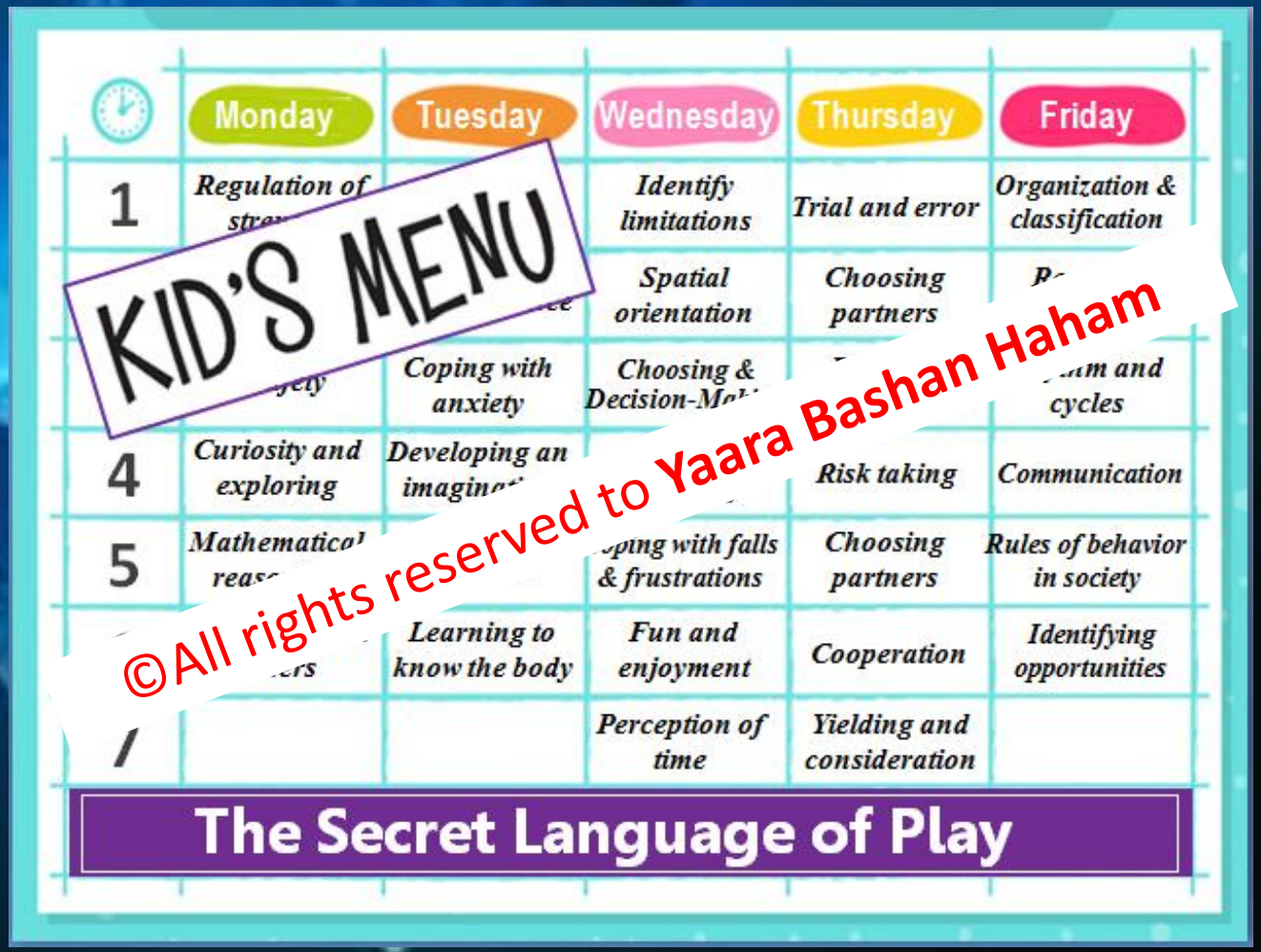
Lawsuits


The
Treasure
Under the
Swing
Yaara Bashan Haham
Developing Basic Skills
in the Playground

Benefits

Dangers, Injuries, Pain, Lawsuits

Benefits



Study **Work** **Play**

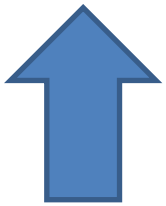
Study **Work**

Play

“Enough playing, now go and study!”

“He’s just playing…”

Study **Work**



Play

1. Parents

2. Planners

Adapting play equipment to the needs and behavior of children

A survey of 700 playgrounds all over Israel 2010-2011

80% of Israeli Children

Are not exposed on a daily basis to equipment that encourages them to hang by their hands.

3%

5%

10%

16%

From a survey of 700 playgrounds all over Israel 2010-2011

Preparing
For 1st Grade
In Playground

1st Grade


NAME: CHILDREN
ADDRESS: PLAYGROUND
ZIP: STAE: CHILDHOOD
COUNTRY: ISRAEL TEL:

This is my motto

POWER
LANGUAGE
ATTITUDE
Yaara

Yaara Bashan Haham | yaarahaham@gmail.com | +972-54-2490390