



ACTIVE AND PLAYFUL COMMUNITIES PLAYSHOP 1.0

***Together, getting more active,
more often, everywhere***

Vista Heights School



Play Breaker

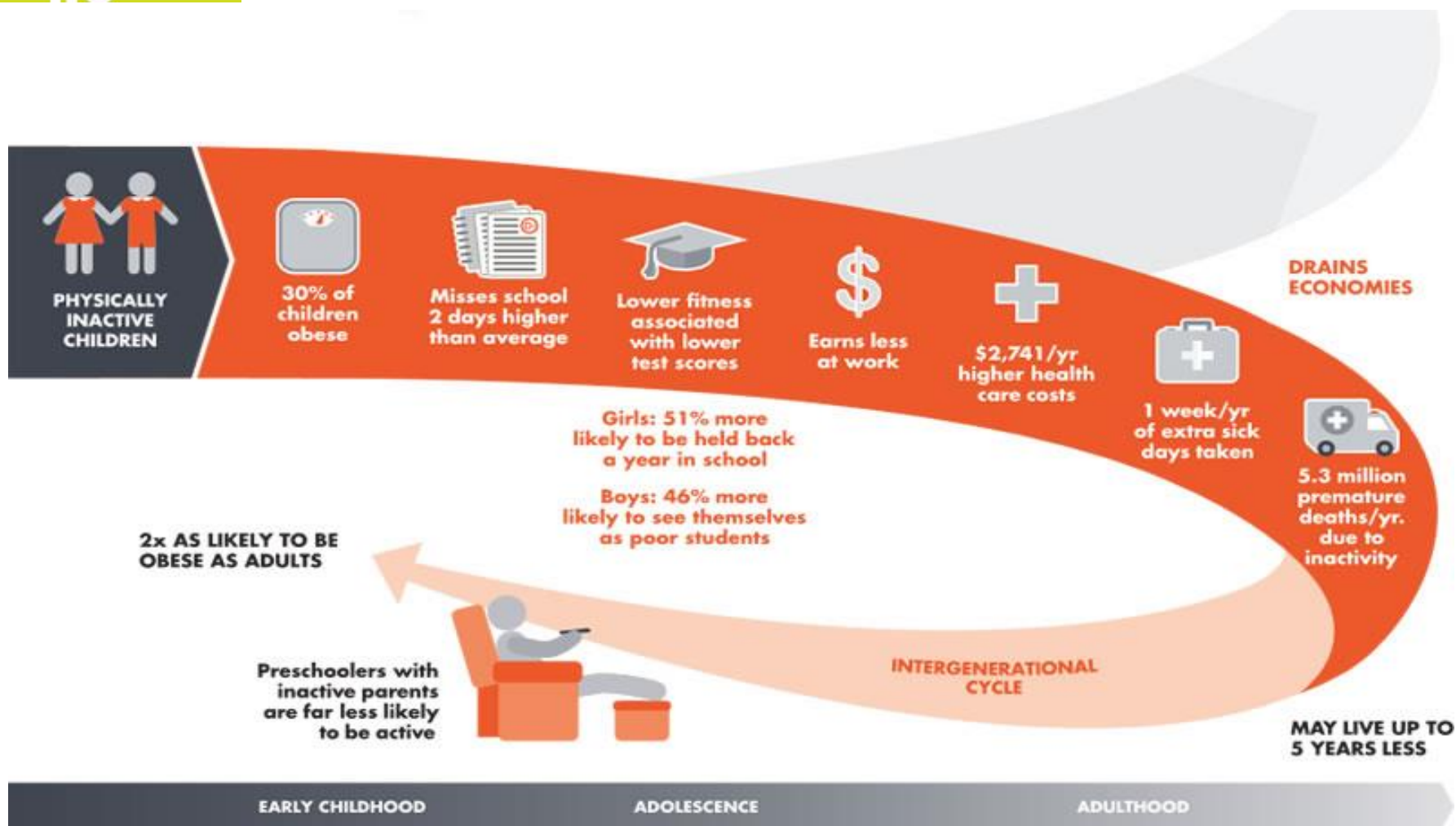


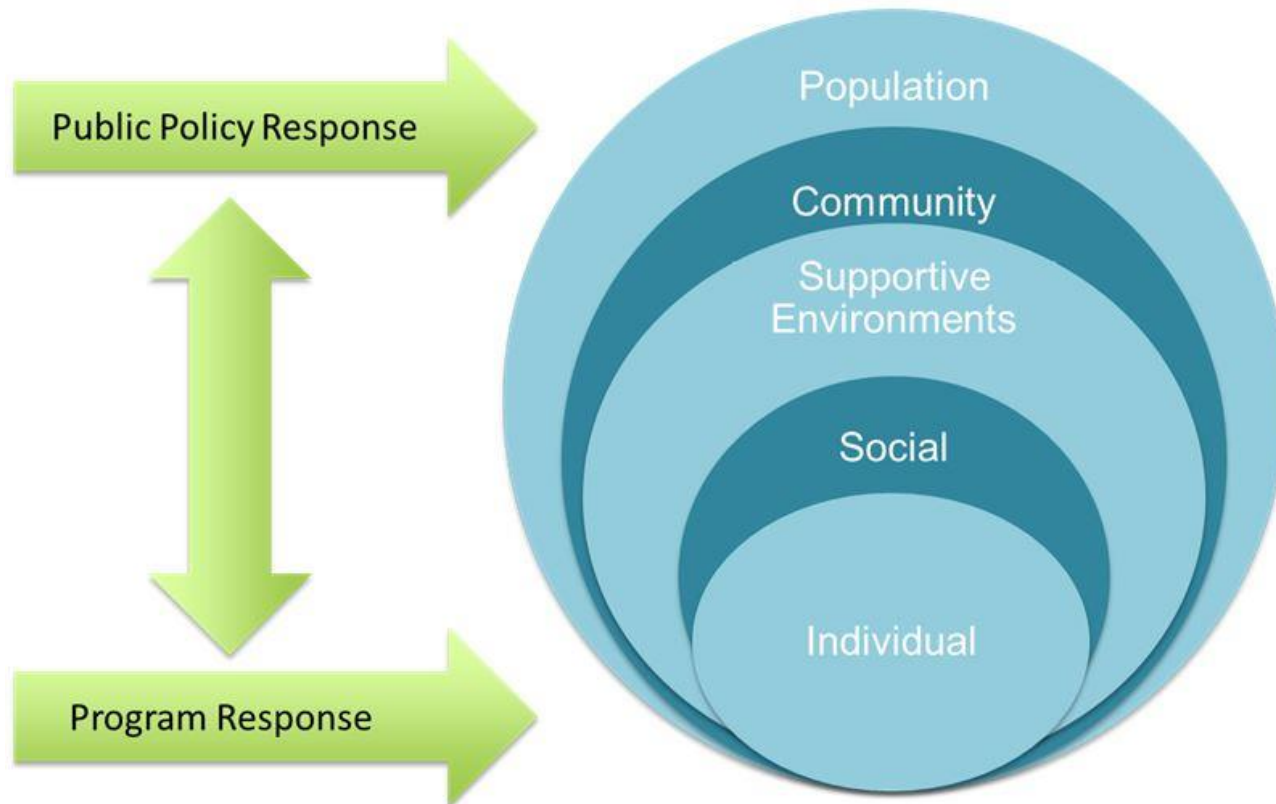
Common Agenda

“An active city is a city with a chance and a future. It’s a place designed for people to move and play throughout their day-to-day lives. Not just here or there, but everywhere.”

This requires an audaciously bold vision, completely rethinking the way things are done and an intentional course of action.”

Shifting the Curve





Roles

Living Lab



Evidence Generator



Scaling the Work





Education

#GetMovingYYC—a movement to increase physical activity and decrease sedentary behavior



Advocacy

Leadership Roundtable—bringing people together to advocate for change



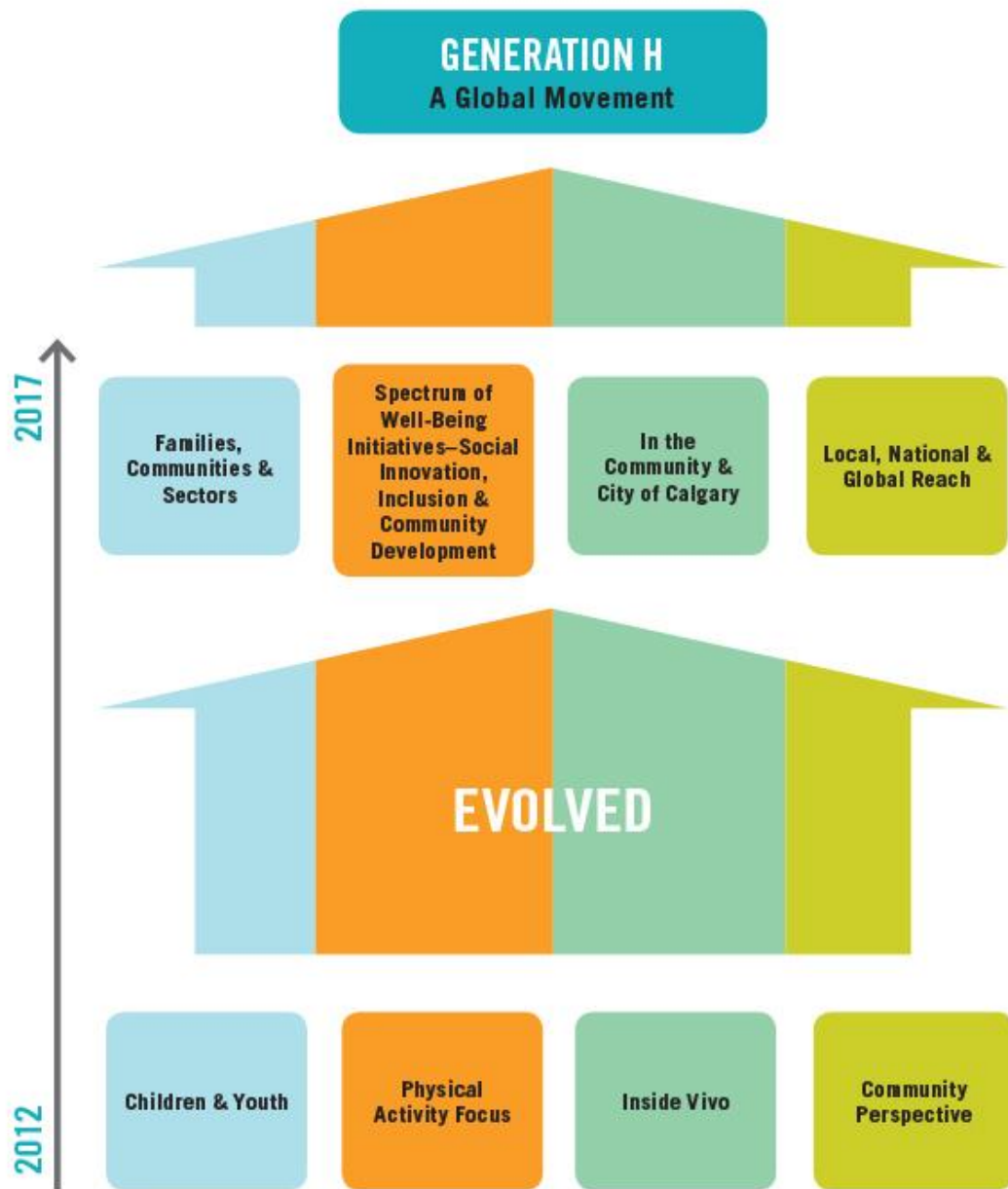
Local Solutions

Affecting people, practices and environments—4 in 1 physical literacy program and baseline studies of city programming



Research & Evaluation

Developing shared measurement system for physical activity and sedentary behaviours



Impact

Today's Playshop Inquiry

How can we design for more people to be playful throughout their day?

How can we transform existing resources into more play resources?

How might we create an ecosystem of play?



PlayShop Assignment

Group #1: Mapping a Playful Day

“How can we design for more people to be playful throughout their day?”

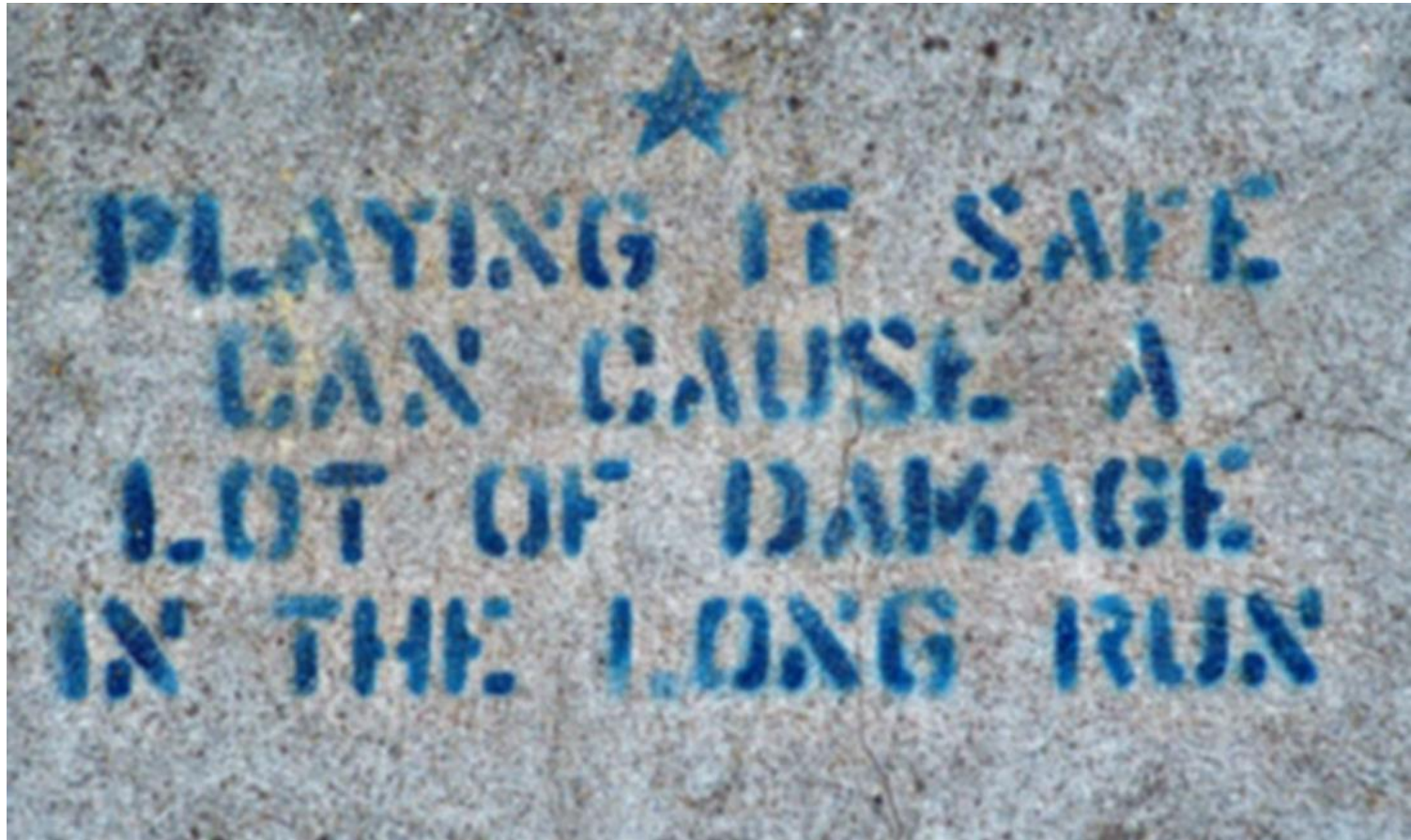
Cynthia & Jarret

Group #2: Play Libs

“How can we transform existing resources into more play resources?”

Stephen & Tracey

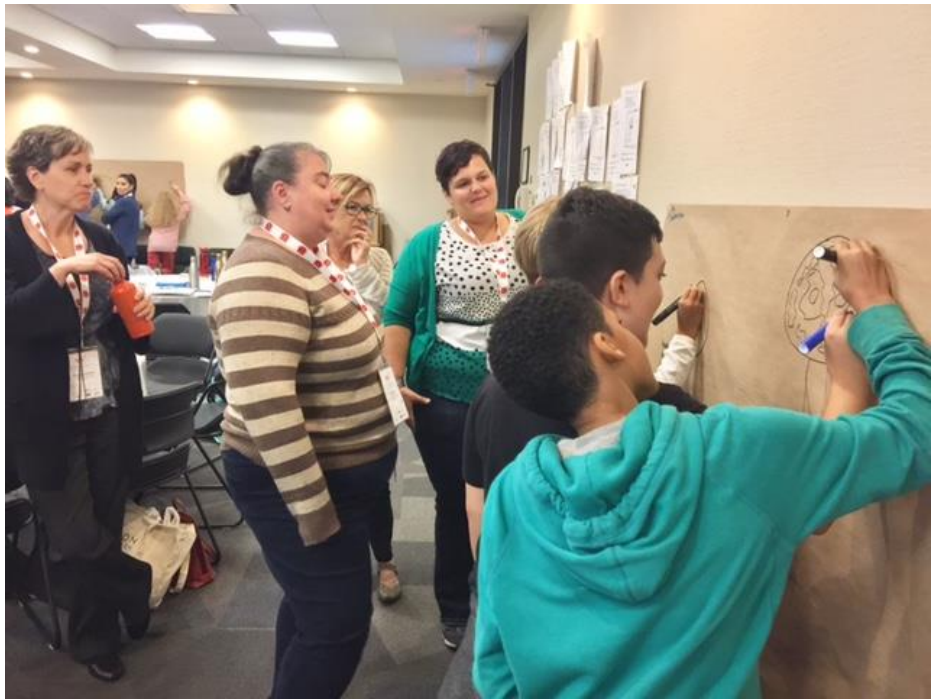
Playshop Parameters



How can we design for more people to be playful throughout their day?

How can we transform existing resources into more play resources?

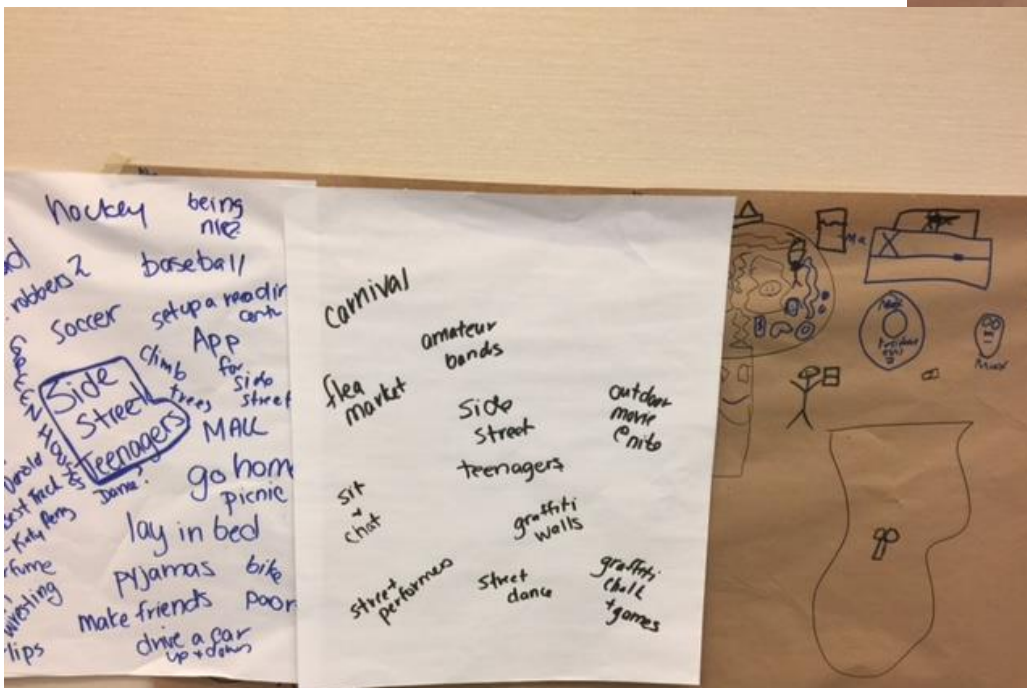
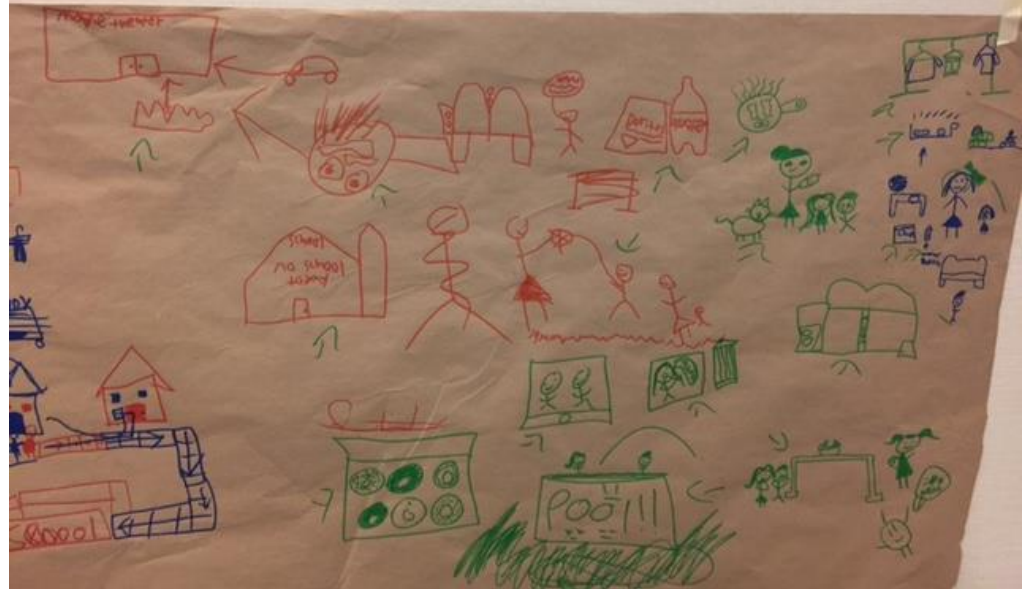
How might we create an ecosystem of play?



#ipacalgary2017



PLAYSHOP
1.0

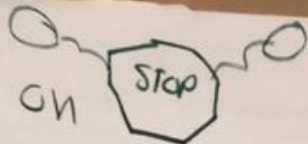



#ipacalgary2017



PLAYSHOP
1.0



Balloons on 
Some houses blue & pink
Colorful parks
Coloring on walls
Art/murals
Face painting 
Close street / st. party
Colorful camping site
~~Colorful camping site~~

#ipacalgary2017



PLAYSHOP

Mapping

Active transport
imagination

our ability to influence (champ
music

lack of mention technologie

social opportunities

family & friends

Playlibbing

technology outside

Kid stuff in 'adulthood'

mischievous - 'breaking rules'

balance support in environments

music

- colour

- lots about the aesthetic

- incorporating 'Art'

- opportunities for imagination



PLAYSHOP
1.0

am	6:15	6:45	7:30	7:45 - 12:00	12:00 - 1:00	1:00 - 4:00	4
ance to sic m clock)	singing in shower	pink milk with cereal	telling jokes to kids in car	treadmill desk	pizza with friends game of b'ball	Take his dog to work	pr w fan
	8-9:30		9:30				
	playing games with family		bed				

Balloons on [s]
Some houses b
Colorful parks
Coloring on wa
Art/murals

#ipacalgary2017