#### **SUPPORTING HEALTHY SCHOOL COMMUNITIES**





Play environments to support school-wide culture change: Featuring 'Don't Walk in the Hallway'

## Acknowledging The Land

We acknowledge that we are on Treaty 7 Territory, a traditional meeting grounds, gathering place, and travelling route to Stoney Nakoda, Tsuut'ina, and Blackfoot peoples. We acknowledge all the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries, and would like to honour Elders, both past and those present with us today.

## Where we're heading

- Explore the relationship between the built environment and behaviour
- Provide background on the development, initial research and direction of Don't Walk in the Hallway
- Learn how school culture change can be initiated through play environments such as hallway



#### Vision

All Alberta students belong to healthy school communities that enable optimal health and learning.

#### Mission

To provide provincial leadership that promotes and supports healthy, active school communities through a comprehensive school health approach.

#### **Priority**

Lead, support and connect work towards improved health and learning outcomes of children in Alberta.

#### Who we are





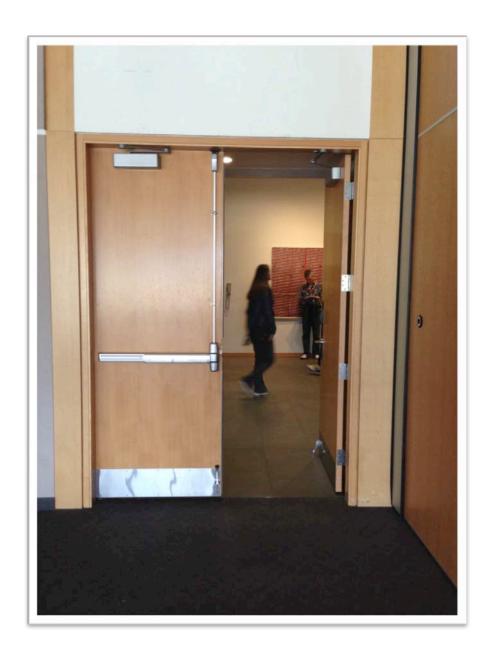


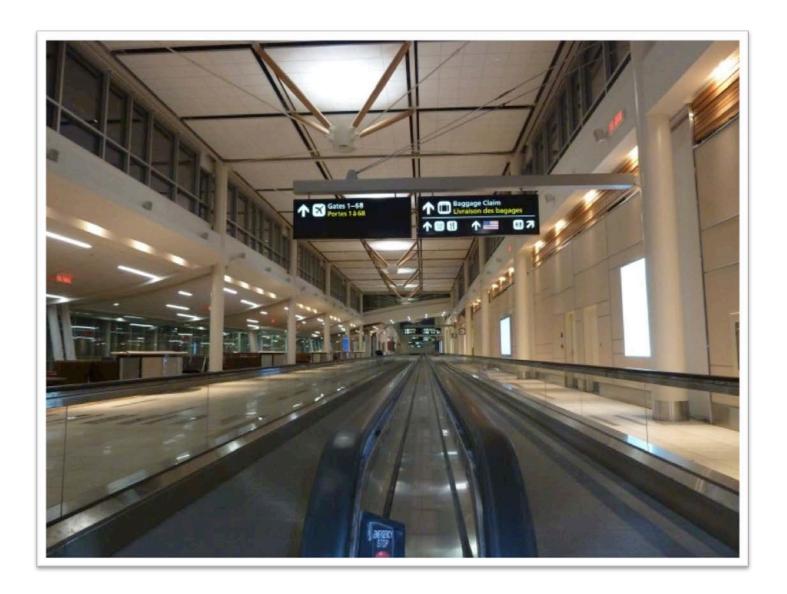


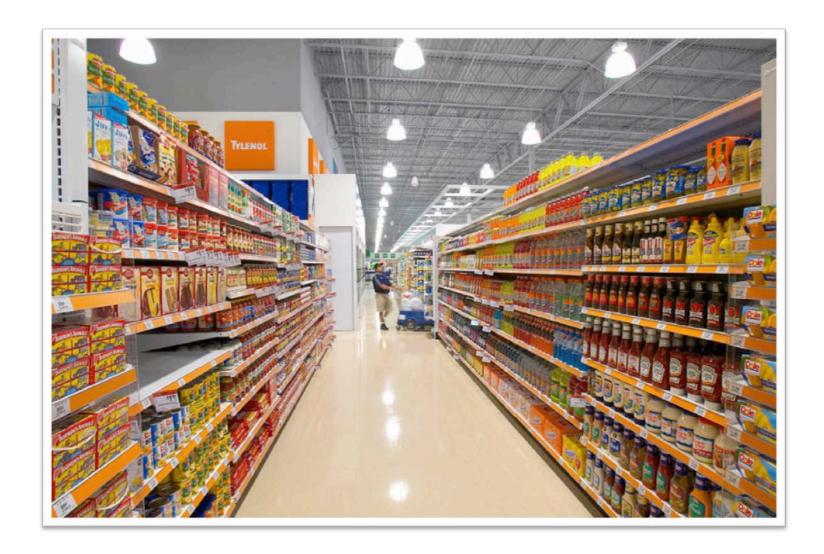


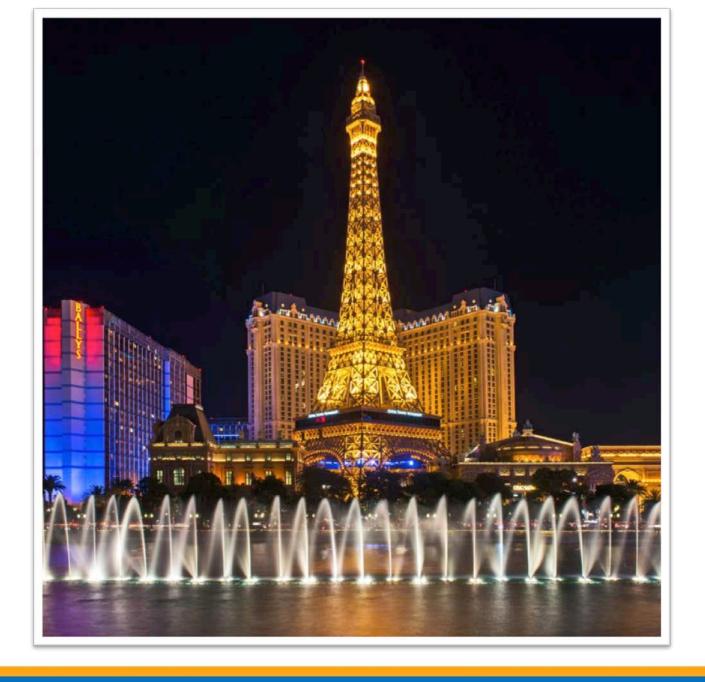
# "Sadly in the name of 'education' we are taking away children's opportunities to play"

- Dr. Peter Gray, IPA Triennial World Conference 2017











## What has changed in 100 years?

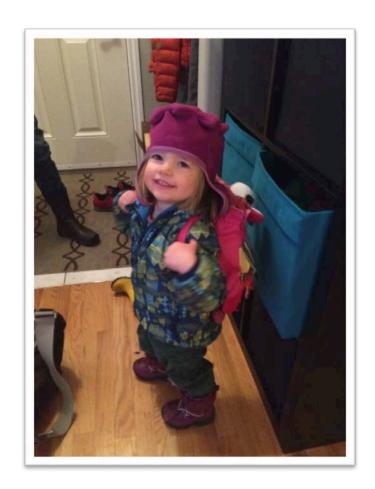
Professional Development Student Assessment Graduation Requirements Technology Pedagogy ...and more!





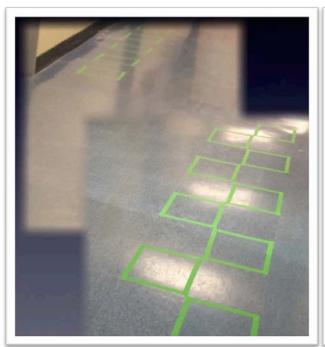
## Acknowledgments

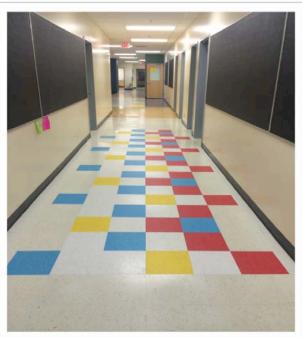
- Staff at Panorama Hills school in the Calgary Board of Education, Alberta, Canada
- Ministry of Culture and Tourism Recreation and Parks Division, Government of Alberta
- PLACE Research Lab at the University of Alberta
- Educators across Alberta, Canada



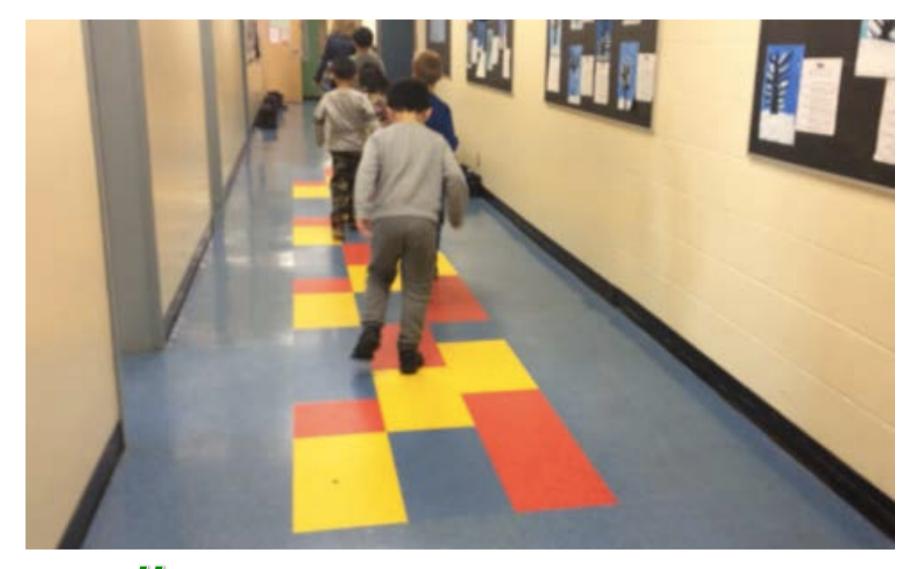
"In one generation of children, we have eradicated walking to school."

~ Dr. Dean Kriellaars









#DontWalkintheHallway



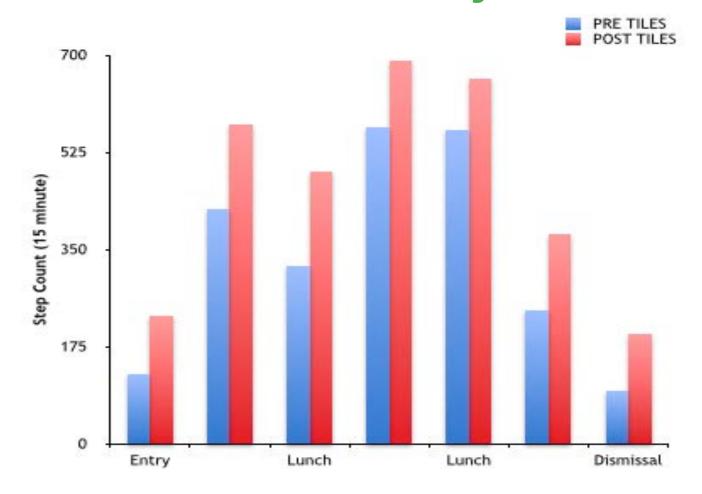
#### Initial Research

- Physical activity was assessed prior to and after PL enriched hallways (patterned tiles) installed
- 30 grade three students from multiple classes
- Weather, class transport times, and school day activities were categorized

## Don't Walk in the Hallway

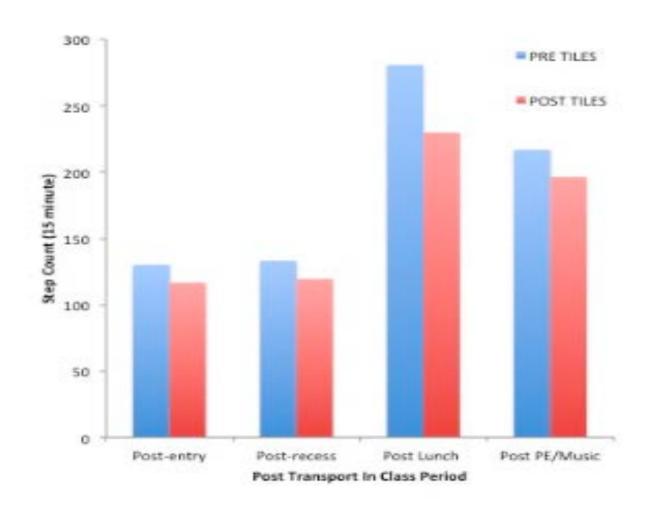
Significant increase in steps was observed

872 steps per day



Decrease of 99 steps was noted during class time

Time on task behaviour



## Don't Walk in the Hallway Resource

- 64 Semi-permanent decals
- Handbook
  - Conversation kit
  - A comprehensive school health approach
  - Pattern starting points
  - Energizer ideas
  - Curriculum links
  - Evaluation plan
  - Online supplement





https://youtu.be/vF3SmdaHM-g

## Shifting Towards Activity Permissive and Play Positive School Culture

Ms Barrington and 4 others liked



Brian Torrance @briantorrance · Sep 8

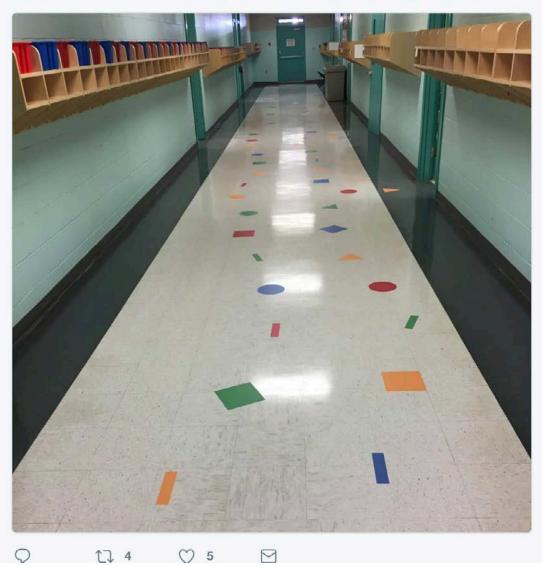
100 sets of #dontwalkinthehallway are heading out to schools. Healthy physical environments. @EverActiveAB #abed





Jeff Britton @mrjbritton · Sep 1

Things may not be as calm in the G1-2 wing of @SacredHeartHfx once we explain #DontWalkInTheHallway next week! #PhysicalLiteracy #PhysEd





Chris Kennedy @chrkennedy · May 10

Now you go in hallways at elementary school and we are encouraging kids #dontwalkinthehallway #physicalliteracy









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Scott Bailey @cscottbailey · May 26

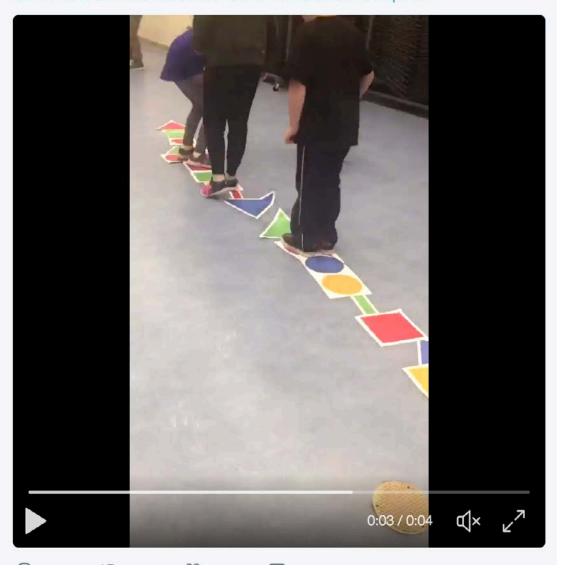
Today's @EverActiveAB #physicalliteracy adventure: launching and installing #dontwalkinthehallway @NLSD69's Cold Lake MS #studentleadership

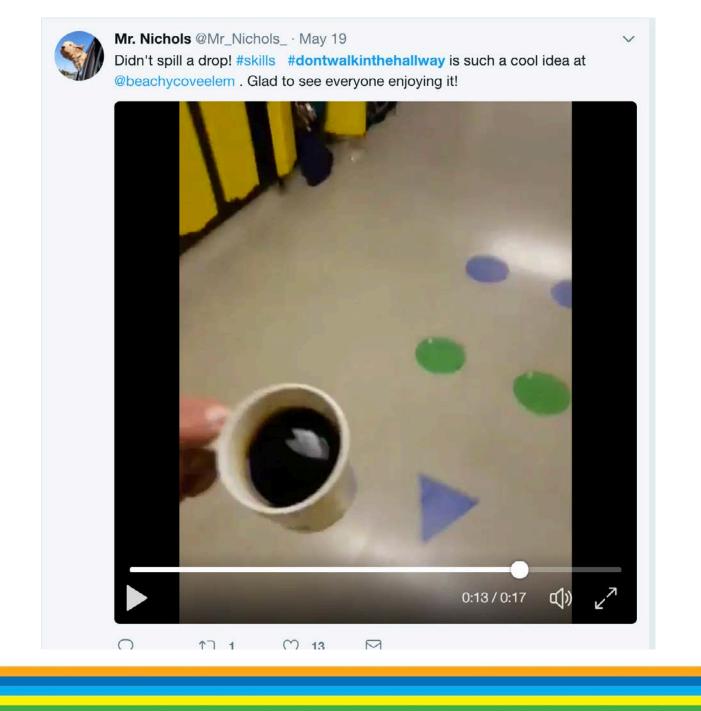


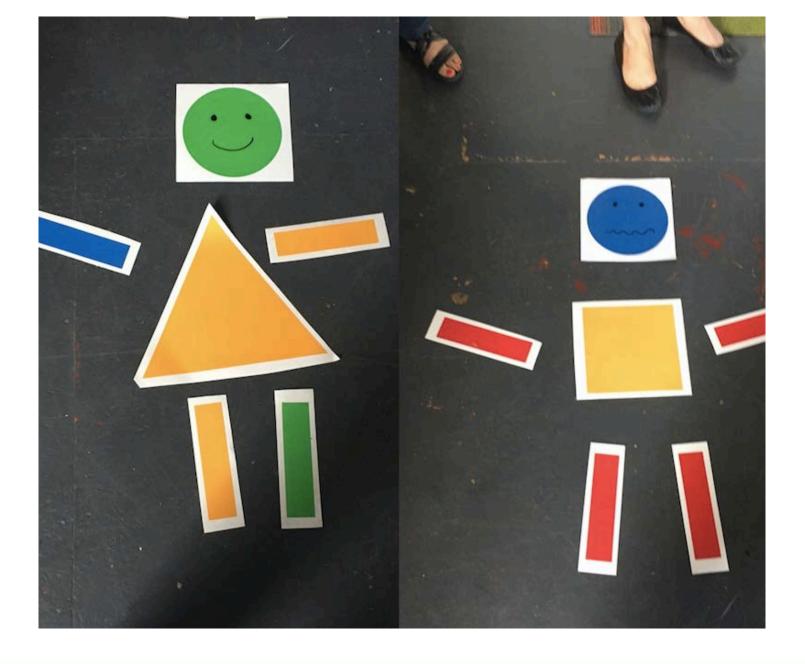


Kim Hlewka @KimHlewka · May 26

Gr4's creating their own #dontwalkinthehallway patterns & designs! @EICSTalks at Madonna School @EverActiveAB @CTJumpstart







#### Don't Walk in the Hallway on a Dime

- -Use stickers, tape, polyspots or targets of any kind
- -Get students involved in design
- -Consider other surfaces
- -Consider other settings







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