What is New Winton Nature Nippers?

It is planned outdoor play-based sessions for children and their grown-ups throughout East Lothian. Each session consisted of...

- A short exploratory walk to a selected location such as a woodland, the beach etc.

(participating adults helped to select locations)

- A focussed activity to encourage adult-child interactions

Why do these sessions?

New Winton Nature Nippers was developed with the main aim of encouraging parents/carers to engage in play outdoors with their children.

When speaking with parents/carers they expressed a concern for accessing locations they had not visited before and especially more so when visiting on their own without another adult there to support them.

What difference has it made?

- Adults are more confident in accessing outdoor spaces with their children and continued to return to previously visited locations after the initial session.

- Children and adults displayed an increase in their confidence when engaging with one another and with the natural environment around them.

I would like to thank the following organisations for supporting me to attend IPA Calgary 2017:

- New Winton Nature Nippers
- Scotland, UK