## Stacey Marko New Winton Nature Nippers





Theme: Outdoors and in nature

Why do these sessions?



## What is New Winton Nature Nippers?

It is planned outdoor play-based sessions for children and their grown-ups throughout East Each session consisted of ... Lothian.

A short exploratory walk to a selected location such as a woodland, the beach etc. (participating adults helped to select locations) A focussed activity to encourage adult-child



New Winton Nature Nippers was developed with the main aim of encouraging parents/ carers to engage in play outdoors with their children.

When speaking with parents/carers they expressed a concern for accessing locations they had not visited before and especially more so when visiting on their own without another adult there support them.



## What difference has it made?

- Adults are more confident in accessing outdoor spaces with their children and continued to return to previously visited locations after the initial session

Children and adults displayed increase in their confidence when engaging with one another and with the natural environment around them



T would like to thank the following organisations for supporting me to attend IPA Calgary 2017













