

Over the past several years, the Early Years Physical Literacy Research Team (EYPLRT) at Mount Royal University has developed a suite of resource materials and tools to enhance preschool physical literacy during the Active Start stage of the LTAD Model. Each of these individual resources has undergone significant pilot testing and revision. This past year, we have begun a deliberate dissemination and adult education process by integrating all existing resources into the Preschool Physical Literacy Curriculum (PPLC) Framework Action Plan.



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EARLY YEARS PHYSICAL LITERACY
PLANNING MANUAL
For Child Care Centres
Early Years Physical Literacy Research Team

www.earlyyearsphysicalliteracy.com

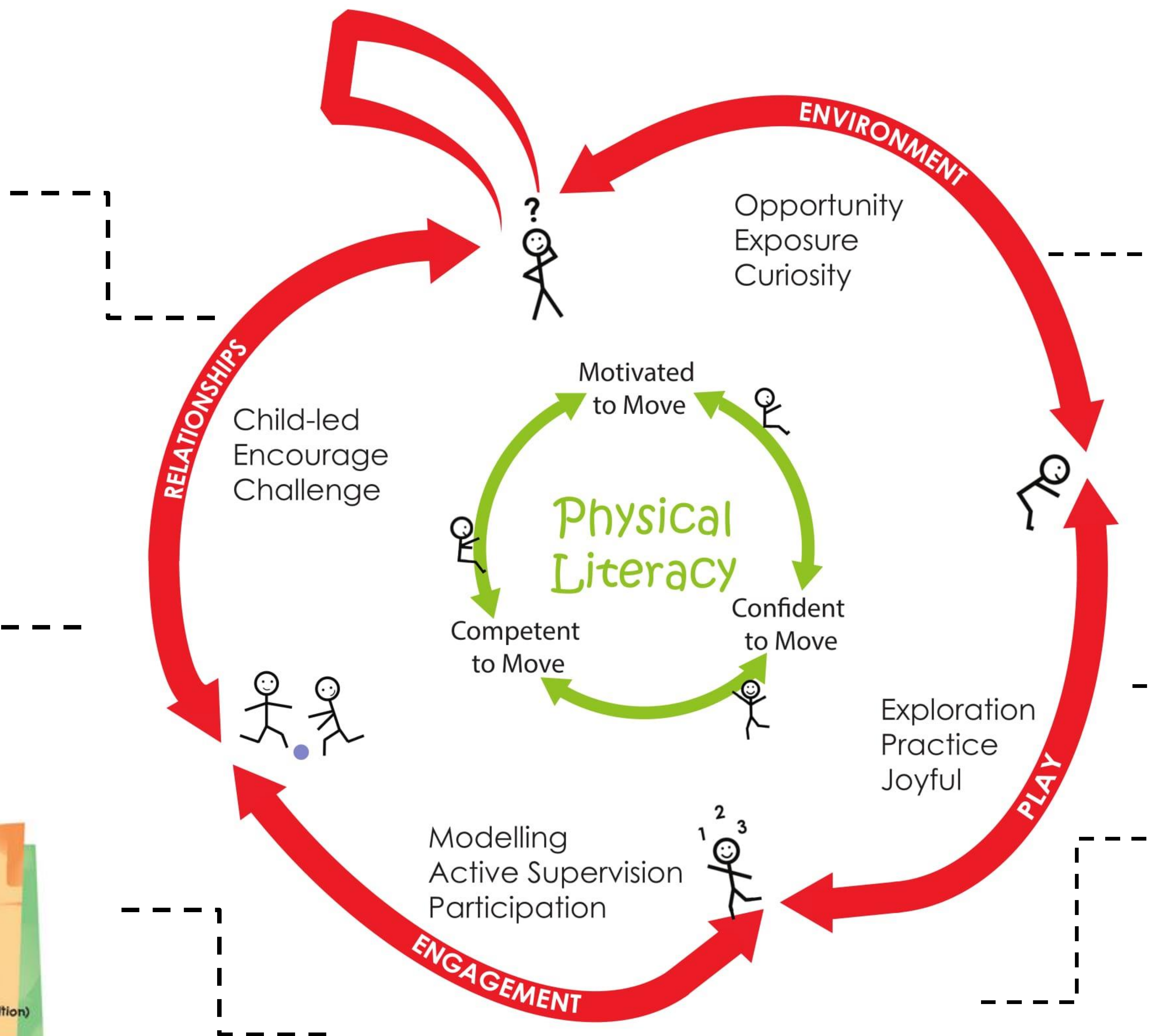


FIGURE 1. Fundamental Movement Skills (FMS) Chart

