Wellness and Community Development through Alignment with United Nations University as a Regional Centre of Expertise

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CGS Healthy Community Timeline

2004, Greater Sudbury City Council makes the Healthy Community concept a priority ✓ January 2005, The United Nations General Assembly declares the start of the Decade of Education for Sustainable Development (ESD).

✓ CGS forms an expert panel to create a Healthy Community concept

CGS Healthy Community Strategy is released October 20, 2006. The City submits its application to the United Nations University's Institute of Advanced Studies for the creation of a Regional Centre of Expertise on Education for Sustainable Development in Greater Sudbury February 28, 2007. The City named a Regional Centre of Expertise by the UNU's Institute of Advanced Studies. In receiving the designation, Greater Sudbury joins a network of centres around the world that have been recognized by the UNU



Evolution of Relationship

- 10 year involvement with UNU
- Branded Commitment within City
- Aligned Partners
- Contributed to Evolution and Sustainability
- Policy Shift Population Health, Health Impact Assessment, Universal Approach to Wellness
- Broad Community Engagement and Commitment





- October 16 19, 2017 Kick Off for International Research (2 years)
- Reorient education and training systems for indigenous and marginalized youth using culture, arts and play as an avenue to teach and achieve lifetime success
- This project will incorporate the Teachings of the Seven Grandfathers;
 Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth
- Collaborative methodology and joint research for indigenous children culture based education



Population Health Concept

- Social Determinants of Health
- Health Equity
- Cross Sector Collaboration
- Collective Impact
- Collaboration



Themes Population Health

- Build resiliency at every age
- Provide children with the best start by investing in families
- Support holistic health
- Support a Compassionate City
- Create accessible 'play' opportunities and experience
- Enable more accessible pathways to services, & resources
- Improve access to appropriate housing
- Support and promote mental health
- Support Age Friendly Strategy/Action Plan
- Support 'Healthy Streets Concept'
- Support Indigenous Pathways



Accessible Play Opportunities and Experience

- Playground Revitalization
- CGS Corporate Strategic Plan recognizes the value of great public spaces and facilities, including playgrounds.
- In 2016, full review of all playgrounds identifying those requiring revitalization
- Ongoing plan to fund and revitalize all playgrounds





Accessible Play Opportunities and Experience

- "Feel Free to Feel Fit"
 Healthy Community Interactive Maps.
- Free weekly public swims and transportation
- Feel Free to Have a Ball
 - teaching children basic physical literacy

Accessible Play Opportunities and Experience

- In 2016, permanent budget enhancement of \$59,000 for Affordable transit pass program
- 328 passes issued from March 2016 March 2017
- Under Review to offer to all clients on Ontario Works (social services to support life skills and intensive case management focus)
- Greater Sudbury Transit Action Plan



Local Poverty Reduction Program

- Successful grant application aimed at evaluating the impact of free extra curricular activities on academic success
- 32 month period, \$529,000
- Collaboration of all 4 local school boards, Sudbury and District Health Unit and community partners



Focused Program Review

- Universal Approach to Access (Policy)
 - Accessibility
 - Affordability
 - Transportation
- Eliminating/Reducing Barriers
- Focusing on Program Outcomes
 - Improving Population Health



The Path to Success

- To consider health and equity into all public policy to continue our efforts with the UNU and RCE
- To work globally with the UNESCO and its Regional Partners to improve outcomes for our youth incorporating play at all ages
- Building a resilient community through population health initiatives



Thank you

